

# MUSIC LEARNING HELPS EXECUTIVE FUNCTIONS



An education campaign focusing on Impulse Control, Attention, Memory and Creativity

## Campaign Resources FREE on BBB

### News

Go to the [BBB News page](#) and search using the tags **impulse control**, **attention**, **memory** and **working memory**

Do you think music learning can change lives?

Trained musicians perform better - at paying attention

The chicken and working memory egg

Make your brain more efficient

What is working memory and how might music learning help?

### Videos

Go to the [BBB Media Page](#) and look for the videos below

How to practise effectively

Leaving class for music is detrimental (Members content)

Executive Function: The brain's control centre

Got an idea for some new content you'd like us to make? Send us an email at [hello@biggerbetterbrains.com](mailto:hello@biggerbetterbrains.com)

### More

Come and explore the [BBB Website](#) for other free resources

BBB at Home

BBB on Twitter

BBB on Facebook

We post new resources regularly to help you educate your community about neuromusical research

## Exclusive Resources for BBB Members

Become a BBB Member today

### Professional Readings

Professional readings from 2019 can be found in **NeuroMusic - Volume 1**. Professional Readings from 2020 are available in the members area, or by request

How much music is enough? (2020)

Is one kind of music pedagogy "better" for brain development? (2019)

Life in sound (2019)

### Infographs

Our infographs are great as posters or as a quick reference during presentations. Each infograph has a corresponding PowerPoint and research summary

Music learning and attention & memory

Music learning and cognitive control

### PowerPoints

Use our PowerPoints to present confidently to your school leaders, parents or students about the benefits of music learning on brain development.

Introduction to music learning & executive functions

### Fact Cards

All fact cards can be found in the [Fact Card Archive](#). Search for the following fact cards to support your campaign

Fact Cards March 2020

Fact Cards September 2019

Fact Cards June 2019

### Research Summary

Our BBB research summaries give you just that extra bit of detail and knowledge

Music learning and executive functions summary

Music learning and social skills summary

### Merchandise

Successful campaigns utilise direct and indirect education. Check out our growing range of merchandise

Visit the [BBB Shop](#)