

MUSIC LEARNING HELPS SOCIAL SKILLS

PROSOCIAL BEHAVIOUR



Music learning increases levels of **prosocial behaviour**¹

NON-VERBAL COMMUNICATION



Music learning improves skills in **non-verbal communication**⁵

COHESION



Music learning creates a shared sense of **social cohesion**, which contributes to belonging²

INCLUSION



Music learning creates a higher sense of **social inclusion**, which improves self-esteem⁶

ATTENTION



Music learning improves the ability to pay **attention** to others' **physical and emotional states**³

ENGAGEMENT



Music learning helps to create greater levels of **social engagement** which carries through life⁷

DECISION - MAKING



Music learning improves **decision-making skills** in terms of **personal health**⁴

TRUST & RESPECT



Music learning assists in developing **trust** and **respect** in social groups⁸

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